

Name: _____

Class: 1

Date: _____



Keeping Clean

Worksheet



Good habits keep us healthy and happy. Let's learn how to keep clean!

1. Look at the pictures and tick (✓) the things that help us keep clean.



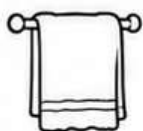
soap

☐


toothbrush

☐


burger

☐


towel

☐


dustbin

☐


shampoo

☐


video game

☐


cold drink

☐

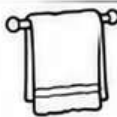
3. Circle the things we use to stay clean.



soap



toothbrush



towel



book



comb



pencil



shampoo



laptop

5. Tick (✓) the good habits and cross (X) the bad habits.



I brush my teeth twice a day.

☐


I keep my hair clean and neat.

☐


I eat junk food.

☐


I wash my hands before eating.

☐


I wear dirty clothes.

☐

7. Colour the picture and circle the clean things.



clean shirt



dirty shirt



clean shoes



dirty shoe

2. Match the pictures with the correct action.

a.



•

•

Brush your teeth.

b.



•

•

Take a bath.

c.



•

•

Trim your nails.

d.



•

•

Wash your hands.

e.



•

•

Comb your hair.

f.



•

•

Wipe your face.

4. Colour the picture. Then write what the boy is doing.



He is _____

5. Tick (✓) the good habits and cross (X) the bad habits.



I brush my teeth twice a day.

☐


I keep my hair clean and neat.

☐


I eat junk food.

☐


I wash my hands before eating.

☐


I wear dirty clothes.

☐

6. Fill in the blanks with the correct words from the box.

soap

towel

water

clean

1. We use _____ to wash our hands.

2. We need _____ to take a bath.

3. A _____ keeps us dry.

4. We should keep our body _____.



7. Colour the picture and circle the clean things.



clean shirt



dirty shirt



clean shoes



dirty shoe

8. Write 'Clean' or 'Dirty'.



plate



water bottle



hand



face