

FRUITS & VEGETABLES GK WORKSHEET LKG

Name: _____ Class: LKG Date: _____

1. Know Your Fruits

Fruits are healthy and tasty. They help us grow strong.

A. Circle the Fruits

 Apple  Carrot  Banana  Potato  Orange  Tomato  Grapes  Mango

2. Know Your Vegetables

Vegetables are healthy foods. We should eat vegetables every day.

B. Circle the Vegetables

 Carrot  Apple  Potato  Banana  Corn  Grapes  Broccoli  Mango

3. Match the Following

Picture

Name



Banana



Apple



Potato



Carrot



Orange

4. Choose the Correct Answer

- | | | |
|--------------------------------|---|--|
| 1. Which one is a fruit? | ☐  Apple | ☐  Carrot |
| 2. Which one is a vegetable? | ☐  Banana | ☐  Potato |
| 3. Which fruit is yellow? | ☐  Banana | ☐  Grapes |
| 4. Which vegetable is orange? | ☐  Carrot | ☐  Broccoli |
| 5. Which fruit is usually red? | ☐  Apple | ☐  Corn |

5. Colour the Fruits and Vegetables

Colour these pictures.

 Apple – _____ colour

 Banana – _____ colour

 Carrot – _____ colour

 Broccoli – _____ colour

 Orange – _____ colour

6. Complete the Words

1. A _ P P L E **A / E**

2. B _ N A N A **A / O**

3. C _ R R O T **A / E**

4. M _ N G O **A / U**

5. P _ T A T O **O / A**

7. Good Food Habits

Put a ✓ for the good habits.

1. ☐ I eat fresh fruits.
2. ☐ I eat vegetables.
3. ☐ I wash fruits before eating.
4. ☐ I throw food on the floor.
5. ☐ I wash my hands before eating.

8. Draw Your Favourite Fruit

My favourite fruit is: _____

Teacher's Signature: _____