

Past Perfect Continuous Tense Worksheet

Name: _____ Class: _____ Date: _____ Marks _____ / 100

LEVEL 1 – EASY Beginner

A. Fill in the blanks with the correct form of the verbs given in brackets.

1. She _____ (study) for two hours before dinner.
2. They _____ (play) cricket since morning.
3. I _____ (wait) for the bus for thirty minutes.
4. He _____ (work) in this company for five years.
5. We _____ (watch) television for an hour before the electricity went off.
6. The baby _____ (cry) for a long time.
7. My mother _____ (cook) since 5 p.m.
8. The children _____ (run) in the playground for an hour.
9. Riya _____ (dance) for two hours before the programme ended.
10. It _____ (rain) since morning before the weather cleared.

B. Choose the correct option.

1. She _____ for the examination for three hours.
a) had been studying b) has been studying c) have been studying
2. They _____ football for an hour before it started raining.
a) had been playing b) has been playing c) have been play
3. I _____ for you since morning.
a) had been waiting b) has been waiting c) have been wait
4. He _____ in this school for ten years before he retired.
a) had been teaching b) has been teaching c) have been teaching
5. We _____ for two hours before the train arrived.
a) has been travelling b) had been travelling c) have been travel

C. Change the following sentences into Past Perfect Continuous Tense.

1. I work in this office.
2. She reads a novel.
3. They play football.
4. He studies English.
5. We wait for the teacher.
6. The children dance on the stage.

D. Identify the Past Perfect Continuous Tense verb phrases.

Underline the Past Perfect Continuous Tense verb phrases in the following sentences.

1. My father had been working in the garden for two hours.
2. The girls had been practising dance since morning.
3. I had been waiting for my friend for thirty minutes.
4. The baby had been sleeping for three hours.
5. They had been travelling since early morning.

LEVEL 2 – HARD Intermediate

A. Complete the sentences using the correct form of the verbs given in brackets.

1. She _____ (prepare) for her examination for three months before the examination began.
2. They _____ (not work) in the office for long before the manager arrived.
3. _____ you _____ (study) for two hours before I called you?
4. My brother _____ (play) video games for an hour before dinner.
5. The children _____ (not sleep) for several hours before their mother returned.
6. How long _____ he _____ (wait) for the doctor before he arrived?
7. We _____ (live) in Delhi for five years before we moved to Mumbai.
8. It _____ (rain) for three hours before the sky became clear.
9. My father _____ (drive) for six hours before he stopped the car.
10. The students _____ (practise) for the competition for several weeks before the final event.

B. Rewrite the following sentences as instructed.

1. She had been reading a book for two hours. (Change into negative.)
2. They had been playing cricket since morning. (Change into interrogative.)
3. He had not been working there for five years. (Change into affirmative.)
4. Had you been studying since morning? (Change into affirmative.)
5. The children had been making noise for an hour. (Change into negative.)
6. Rohan had been learning English for two years. (Change into interrogative.)

C. Find and correct the errors. Rewrite each sentence correctly.

1. She have been studying for two hours.
2. They had been played cricket since morning.
3. He had been work in this company for five years.
4. I had being waiting for you.
5. We has been preparing for the examination.
6. Had she been dance for an hour?
7. The children had been sleep for three hours.
8. He had not been working here since 2020.

D. Make questions using the given question words.

1. She had been studying for three hours. (How long)
2. They had been playing in the garden. (Where)
3. He had been working since morning. (Since when)
4. Riya had been crying because she was hurt. (Why)
5. The boys had been travelling by train for six hours. (How)

LEVEL 3 – DIFFICULT Advanced

A. Complete the passage using the correct Past Perfect Continuous form of the verbs given in brackets.

Last month, my family visited our village. We _____ (plan) this trip for several weeks. My father _____ (work) hard to complete his office assignments before the journey. My mother _____ (prepare) food for the trip since early morning. My younger brother _____ (talk) about the village for several days. When we finally reached there, our grandparents _____ (wait) for us for two hours. They _____ (live) in that village for more than forty years. We felt very happy because we _____ (look) forward to this visit for a long time.

B. Join the following sentences using Past Perfect Continuous and Simple Past Tense.

1. I studied for three hours. My friend arrived.
2. She waited for the bus for thirty minutes. The bus arrived.
3. They played cricket for two hours. It started raining.
4. He worked in the company for ten years. He retired.
5. We travelled for six hours. We reached the hotel.

C. Choose the correct verb form and explain why.

1. She _____ (had been working / has been working) in the office for five years before she resigned.
2. The children _____ (had been playing / had been played) for two hours before it started raining.
3. _____ (Had / Has) you been waiting for me since morning?
4. He _____ (had not been sleeping / had not been slept) properly for several days before the examination.
5. They _____ (had been living / have been living) in London for ten years before they moved to India.
6. How long _____ (had / have) she been learning French before she went to France?

D. Arrange the words to make meaningful sentences.

1. had / studying / been / she / for / hours / three
2. playing / been / they / had / since / morning
3. waiting / I / had / been / for / you / an / hour

4. been / how / working / he / had / long
5. raining / had / been / it / since / morning

E. Convert the following sentences into questions using the given question words.

1. Rahul had been studying for three hours. (How long)
2. She had been working in Delhi for five years. (Where)
3. They had been playing football since morning. (Since when)
4. He had been travelling by train for six hours. (How)
5. Riya had been crying because she was feeling unwell. (Why)
6. My father had been reading a newspaper for thirty minutes. (What)
7. The children had been playing in the park for two hours. (Where)
8. They had been waiting for their teacher for an hour. (Who)
9. Meena had been learning French for two years. (What)
10. The workers had been constructing the building for six months. (How long)

CHALLENGE – MIXED GRAMMAR TEST

A. Identify whether the sentences are affirmative, negative or interrogative.

1. She had not been studying for two hours.
2. Had they been playing football?
3. I had been working since morning.
4. He had not been sleeping properly.
5. Had your mother been cooking since 5 p.m.?

B. Change the following sentences into Past Perfect Continuous Tense.

1. I write letters.
2. She prepares dinner.
3. They play cricket.
4. He studies mathematics.
5. We wait for the bus.

C. Fill in the blanks with suitable time expressions.

Use: for, since, before, how long, all morning.

1. She had been studying _____ three hours.
2. They had been living here _____ 2020.
3. He had been working _____ the manager arrived.
4. _____ had you been waiting for the bus?
5. The children had been playing _____.